



Rider lbs.	(kg)	Air (psi)
90 - 100	(40 - 45)	60 - 62
100 - 110	(45 - 50)	62 - 65
110 - 120	(50 - 54)	65 - 68
120 - 130	(54 - 60)	68 - 71
130 - 140	(60 - 64)	71 - 74
140 - 150	(64 - 68)	74 - 79
150 - 160	(68 - 73)	79 - 84
160 - 170	(73 - 77)	84 - 89
170 - 180	(77 - 82)	89 - 94
180 - 190	(82 - 86)	94 - 99
190 - 200	(86 - 91)	99 - 104
200 - 210	(91 - 95)	104 - 114
210 - 220	(95 - 100)	114 - 124
220 - 230	(100 - 104)	124 - 134
230 - 240	(104 - 109)	134 - 144
240 - 250	(109 - 113)	144 - 154
250 - 265	(113 - 120)	154 - 169
265 - 280	(120 - 127)	169 - 184
280 - 295	(127 - 134)	184 - 199

Epic rear Shock Setup

Brain:

- Set the sag. Epic sag should be 20-25% of shock stroke. The rider can find a starting air pressure from attached pressure chart. Note - the chart is only a starting point, actual sag needs to be checked and adjusted on the bike, while riding, and at regular intervals. After setting the pressure, push the rubber ring up to the seal, sit on the bike for 20 seconds, dismount, and measure sag. It may take the full 20 seconds for the shock to settle into the sag.
- The standard rebound damping adjuster should be set to rider preference. Typically a slower rebound for slow speed, bigger hits to eliminate kickback, or faster rebound for higher speeds and smaller hits, so the suspension does not dive and has time to rebound between bumps.
- The IQ adjustment available on some models adjusts how much force is necessary to open the Brain. Moving the lever towards "softer" will allow the Brain to be more sensitive to smaller bumps and open easier. The "softer" setting also keeps the Brain open longer before it turns back to hardtail firm. Moving the lever toward "firmer" requires a larger bump to open the Brain and closes the Brain quicker returning the bike to hardtail firm sooner.